

January, 2024 Newsletter

Volume 20, Issue 1

Ohio Logistics Year in Review

By Ohio Logistics' Elizabeth Witt

As the calendar turns a page to welcome a new year, FTTDC, reflects on a year of resilience, growth, and unwavering commitment to excellence. FTTDC soared to new heights in 2023. We expanded our warehousing footprint and today currently operate over seven million square feet in over 32 state-of-the-art warehouse facilities. Comparing the square footage of a building to a common space such as a football field is a more relatable perspective. The standard American football field, including both the playing field and the end zones, is typically around 57,600 square feet. Seven million square feet is equivalent to about 122 standard American football fields. FTTDC has handled over three million handling units in 2023 and we thank our partners and customers for putting their trust and confidence

In 2023, we constructed a 461,000 square foot facility in our Southern Tier Logistics Business Park (STLBP). This facility has 250,000 square feet of food grade/BRC certified space along with 50,000 square feet that is temperature controlled. The development of the STLBP continues with demo and phase 2 construction in the new year, along with the activation of a Foreign Trade Zone (FTZ). Our third facility in Bowling Green, OH is coming together nicely.

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OHIO LOGISTICS Warehousing &Transportation

Findlay, OH 45840 Four Locations	(419) 425-4906
Fostoria, OH 44830 Three Locations	(419) 436-8210
Northwood, OH 43619	(419) 425-4906
Ottawa, OH 45875	(419) 523-3722
Willard, OH 44890	(419) 425-4906
Columbus, OH 43228	(614) 876-8611
Bellevue, OH 44811	(419) 379-1046
Bowling Green, OH 43402	(419) 326-5513
Trenton, OH 45067	(513) 714-3420
Clyde, OH 43410	(419) 425-4906
Ioliet II 60/121	(419) 425-4906

OHIO LOGISTICS

Southern Tier Division

Painted Post, NY 14870 (607) 936-9414 Four Locations

Southern Tier Logistics Business Park

(607) 767-6577 Horseheads, NY 14845

OHIO LOGISTICS **Penn Centre Division**

State College, PA 16804 (814) 357-6880 (814) 357-6880 Bellefonte, PA 16823

OHIO LOGISTICS Olive Branch Division

Olive Branch, MS 38654 (662) 219-2977

DOCUMENT SERVICE COMPANY

Findlay, OH 45839 (419) 422-3330

Interesting Ohio History

Scott Hamilton of Bowling Green, OH is a retired American figure skater and Olympic gold medalist. He won four consecutive U.S. championships (81-84), four consecutive World Champi-onships (81–84), and a gold medal in the 1984 Olympics. When Hamilton was two years old, he contracted a mysterious illness that caused him to stop growing. After numerous tests and several wrong diagnoses, it was determined years later that a congenital brain tumor was the root cause of his childhood illness. At the peak of his amateur career, Hamilton weighed 108 pounds and was 5 feet 2.5 inches tall, but eventually grew to a height

of 5 feet 4 inches.

Spotlight November Winners: Bowling Green & Columbus, OH



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Supporting our warehouses and customers, our transportation division consistently modernizes our fleet with the latest models of equipment, ensuring optimal efficiency and reliability. In the last year, our fleet explored its first all-electric day cab and spotter unit during a trial.

Our dedicated workforce has been the backbone of our achievements. With the growth we've experienced, we welcomed many new associates to our organization and welcome them to the ever-growing family that we have at FTTDC. We continually prioritize associate well-being, providing ongoing training and development opportunities. The positive workplace culture at FTTDC continues to foster collaboration, innovation, and a shared commitment to excellence.

Our success relates to the success of our partners and customers. In 2023, FTTDC continued to uphold its customer-centric approach, forging strong partnerships, and delivering tailored solutions that exceed expectations. Customer and associate collaboration remain the driving force behind our continuous improvement initiatives.

With our success, we are able to give back to the communities we work and live in. We are involved in 137 various community programs, schools, and charitable organizations throughout our regions.

As we gaze into the future, FTTDC is ready for continued growth. Our strategic vision revolves around leveraging emerging technologies, developing our associates, and maintaining the agility required to thrive in an ever-evolving market. We look forward to another year of shared successes with our partners, customers, and associates.

FTTDC extends heartfelt gratitude to our partners, customers and dedicated associates who have been fundamental to our success in 2023. Here's to another year of pushing boundaries and embracing innovation in our industry. Happy New Year!



New Year's Resolutions To Consider For 2024

- 1. Work out to feel good, not be thinner.
- 2. Stop gossiping.
- 3. Compliment someone every day.
- 4. Turn your phone off during meals.
- 5. Do random acts of kindness
- 6. Read a book a month.
- 7. Go someplace you've never been.
- 8. Get rid of the clutter in your home/office.
- 9. Turn off your phone one night a week.
- 10. Volunteer.
- 11. Travel on a small budget.
- 12. Write down one thing you're grateful for every night.
- 13. Drink more water.
- 14. Eliminate wasteful spending.
- 15. Stop multitasking.
- 16. Call a friend instead of texting them.
- 17. Don't buy things you don't need.
- 18. Keep a journal.
- 19. Clean out your car.
- 20. Put your bills on autopay.
- 21. Take the stairs.
- 22. Go to the dentist regularly.
- 23. Let go of grudges.
- 24. Stay in touch with the people who matter.
- 25. Try a totally new restaurant.
- 26. Start a new hobby.
- 27. Cut down on or eliminate social media.
- 28. Bring a plant into your home.
- 29. Cook more.
- 30. Send handwritten letters.
- 31. Donate clothes you never wear.
- 32. Pay off your credit card every month.
- 33. Avoid people who complain a lot.
- 34. Travel somewhere with no map.
- 35. Cook more.
- 36. Make your bed every morning.
- 37. Stay on top of your inbox.
- 38. Make/Build something.
- 39. Go to bed happy each night.
- 40. Clean up after yourself.
- 41. Pay it forward.
- 42. Talk less, listen more.
- 43. Turn off the TV.
- 44. Spend more time outside.
- 45. Plant a garden.
- 46. Write down your goals.

Take Good Care Of Yourself

More than a third of American adults aren't getting enough sleep, according to a new study from the CDC. A lack of sleep can lead to fatigue, often resulting in reduced productivity at work, or unsafe driving conditions. In addition to that, a CDC study linked chronic lack of sleep to health conditions such as diabetes, heart diseases and depression. Consider these tips to get a better night's sleep:

Keep a consistent sleep schedule. Irregular sleep patterns can affect your circadian rhythm. Try to go to sleep and wake up at the same time every day, including your days off of work. Create a comfortable sleep environment. Consider optimizing your bedroom environment by reducing noise, controlling temperature, and minimizing external light from devices like alarm clocks.

Avoid caffeine and nicotine before bed. Caffeine and nicotine are both stimulants that promote alertness, making it difficult for your body to fall asleep. Avoid them at least three to four hours before bed.

Exercise regularly. Regular exercise is not only great for staying healthy and fit, but it also helps your quality of sleep and gives you more daytime energy. Aim to get your workout in during daylight hours so you can still fall asleep at bedtime.

Think before you drink. Drinking large amounts of liquids, including alcohol, before bed can cause you to wake up during the night. Try to use the bathroom before bed and avoid drinking fluids one to two hours before sleeping.



Christmas at Ohio Logistics

A Time to Celebrate and Give Back to Our Communities



Tech Talk

By Ohio Logistics' IT Manager, Mike Spradlin



Welcome to "Tech Talk," your inside source for all things IT. While it's hard to believe it's over, 2023 has been a rollercoaster ride for the IT industry, filled with groundbreaking advancements, unexpected challenges, and ongoing debates about the future of technology. Artificial intelligence (AI) continued its meteoric rise, making significant strides in fields like language processing, computer vision, and robotics. Cyberattacks continued to pose a major threat, with ransomware attacks and data breaches becoming more sophisticated and damaging. The cloud computing market continued to grow at a rapid pace, with major players like Amazon, Microsoft, and Google all vying for dominance. The concept of the metaverse, a virtual world where people can interact and work, gained significant traction in

2023. While no one knows exactly what 2024 will bring to the IT industry, one thing is for sure: IT will continue to shape our world in profound ways, and 2024 promises to be another exciting year of innovation and transformation.

Did you know: The global cybersecurity market reached a record high \$260 billion in 2023. This is more than the GDP of 141 countries!

Fact: In 2023, the first-ever AI-powered chatbot was elected to a local government position in South Korea. This chatbot, named Min-a, served as a virtual assistant for a district in Seoul, answering citizen questions, providing information, and even participating in council meetings.

Test Your Logistics IQ:

1) A production environment where a good or service can be assembled after receipt of a customer's order. The key components (bulk, semifinished, intermediate, sub-assembly, fabricated, purchased, packing, and so on) used in the assembly or finishing process are planned and usually stocked in anticipation of a customer order. Receipt of an order initiates assembly of the customized product. This strategy is useful where a large number of end products (based on the selection of options and accessories) can be assembled from common components.



A US association that administrates UCS, WINS, and VICS and provides UCS identification codes and UPC codes. Also, a model set of legal rules governing commercial transmissions, such as sales, contracts, bank deposits and collections, commercial paper, and letters or credit. Individual states give legal power to the UCC by adopting its articles of law.



January Dates of Importance:

January 1 - New Year's Day January 9 - First iPhone, 2007 January 15 - First Super Bowl, 1967 MLK, Jr. Day

January 16 - Prohibition Began, 1920 January 19 - National Popcorn Day January 23 - National Pie Day

January 31 - National Hot Chocolate

Answers to "Test Your Logistics IQ" 2. Uniform Code Council (UCC) 1. Assemble to Order

We are members of:

NAFTZ OTA ATA **CBICC** Grant County Chamber Putnam County Chamber/Econ. Dev. Fostoria Chamber/Econ. Dev. Wood County Chamber Fulton County Chamber Findlay Hancock County Alliance Bellevue Chamber of Commerce Chemung County Chamber Walker Cnty Chamber of Commerce

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Meet Mat Bryant

Mat is an Area Manager for our Painted Post location in the Southern Tier Division of Ohio Logistics. Read below to learn more about Mat, a three-year Associate from Southern Tier Logistics.



OL: Tell us about your family.

Mat: My wife, Nicole, and I have been together for almost 24 years. We have four wonderful sons Kenton, Kolton, Karson, and Karmichael. My Wife and oldest son also work for STL. My sons are very involved in sports. That consumes most of our free time and we love it.

OL: What is your favorite dining spot within an hour of home, and what do you order?

Mat: The Rusted Nut. The Pit Burger is a fan favorite.

OL: How do you like to spend your free time?

Mat: I enjoy spending time with my wife Nicole, coaching my son's sports teams, fishing, and hunting.

OL: What is one of your biggest pet peeves?

Mat: I do not like it when people do not show respect and courtesy towards one another. I put a lot of stock in the concept of team and respect, and I do my best to lead by example.

OL: What is your New Year's resolution?

Mat: I don't really do New Year's resolutions. I set small goals throughout the year so that I am always working towards something. OL: Tell us something about yourself that most people don't know.

Mat: I am the 1st generation born in the United States on my mother's side, and I own property in Italy.

OL: Knowing what you know now, what advice would you give the 18-year-old version of yourself?

Mat: I am very happy with the life I have led thus far. Everything happens for a reason. Changing something in my past would change the present and I wouldn't want to risk that. I love the life that I have built.



Ohio Logistics is a division of Findlay's Tall Timbers Distribution Center, LLC



"Whoever would overthrow the liberty of a nation must begin by subduing the freedom of speech."

- Benjamin Franklin -

Happy Birthday To You!

OL Ohio

Kevin Anderson 1/12 Mckenzzi Bowman 1/8 Jack Burkett 1/15 Holly Caudle 1/14 Wayne Conley 1/11 Andrew Costley 1/3 Scott Crispen 1/28 Jason Daniels 1/23 Joseph Denny 1/9 Randy Dorman 1/20 Carlotta Estrada 1/1 Ashley Fritz 1/25 Charles Hackworth 1/25 Xander Manley 1/5 Gigi Mason 1/16 Jaysonn Opp 1/15 Tom Orwick 1/28 Roman Risner 1/8 Norm Wheeler 1/13

OL Southern Tier Div. William Brimmer 1/6 Frank Caparulo 1/6 Matthew Gleason 1/12 Ricky Hersh 1/12 Eugene Keeney 1/4 Dennis McCarthy 1/21 Rebecca Morseman 1/14 Rory Poole 1/31 Hashly Smith 1/30 Shane VonRapacki 1/9 Robert Watkins 1/13 loane Werner 1/11 John Wood 1/21

OL Penn Centre Div. David Anderson 1/15 Todd Bennett 1/26 Robert Christy 1/11

It's Your Anniversary!

OL Ohio

Dan Blanchard 13 Years Randy Buckmaster 17 Years Tiffani Chumley 1 Year Lois Crosser 2 Years Ashley Fritz 6 Years Norm Hinkle 16 Years Michael Hoffman 1 Year Jolynn Long 18 Years Xander Manley 2 Years Jeff Montague 21 Years Jeff Montague 21 Years Fam Orwick 16 Years Fric Pavel 2 Years Jose Quiroz 1 Year Darren Rivera 1 Year Phil Roberts 10 Years Dakota Rose 4 Years Mike Schirtzinger 10 Years Eric Smith 6 Years Dakota Steensen 2 Years Jerrod Steffensen 11 Years Liz Witt 8 Years Jason Young 20 Years

OL Southern Tier Div.
Damien Briggs 1 Year
Christine Brooks 2 Years
Chad Burton 7 Years
Alexander Cavanaugh 1 Year
Phillip Christian 2 Years
Rachel Christian 2 Years
Debra Durgin 3 Years
Patrick Folnsbee 1 Year
Scott Jones 1 Year
Eugene Keeney 13 Years
Roger McIlwain 1 Year
Bob Moon 17 Years
Pamela Reddington 2 Years
Dustin Rehkopf 2 Years
Patrick Taylor 2 Years
Allen VonRapacki 2 Years
Jenice Williamson 1 Year

OL Penn Centre Div. Rachel Irwin 4 Years

OL Olive Branch Div. Rita Williams 5 Years